

रा.पो.सं. मासिक सूचना-पत्र NIN Monthly Newsletter

संपादकः डॉ. एम. महेश्वर

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Celebration of 131st Birth Anniversary of *Bharat Ratna* Dr. B.R. Ambedkar & 115th Birth Anniversary of Dr. Babu Jagjivan Ram as "Knowledge Day"

ICMR-NIN celebrated 131st & 115th Birth Anniversary of Dr. BR. Ambedkar & Dr. Babu Jagjivan Ram on 26th April. The Chief Guest, Dr. Tamilisai Soundararajan, Hon'ble Governor, Telangana & Lt. Governor, Puducherry delivered an illuminating talk on 'Dr Ambedkar's Contributions Towards Women Empowerment'. Dr. Hemalatha R, Director, celebrations committee members and staff paid rich tributes to the legendary personalities.



WEBINARS/ MEETINGS ORGANIZED/ PARTICIPATED

The National Media Health Journalists at a knowledge-sharing workshop organized at our Institute by Ministry of Health and Family Welfare, Government of India (GOI), Indian Council of Medical Research and Press Information Bureau, GOI. The journalists from media houses of the country interacted with the Director & Scientists and visited the labs (3^{rd} - 6^{th} April).



45th **Gopalan Memorial Oration** held virtually on 'The Diabetes Epidemic in India: Some lessons learnt" delivered by Dr. V. Mohan, Chairman & Chief of Diabetology, Dr. Mohan's Diabetes Specialties Centre, Chennai, organized by Nutrition Society of India (21st April).



Extension and Training Division organized a guest lecture by **Dr. Anura Kurpad**, Professor & Former Head, SJRI, Bengaluru, on 6th and 7th April, 2022, for the students of M.Sc. Applied Nutrition, Sports Nutrition, Scholars and the Faculty. His prudent deliberations helped in magnifying the view of Estimated Average Requirements for both Energy and Protein.



Post graduate students of community medicine from Armed Force Medical College visited here as a part of nutritional educational tour. Dr. Hemalatha R, Director and Dr. A. Laxmaiah, Scientist G & HoD, Division of Public Health has given orientation training to them on various research activities in Public Health Nutrition (24th April).



Orientation Training Programme on "Nutritional Survey Methodology" for Post Graduate Students from different medical colleges of South India held at NIN (18 - 22 April).



Dr. Hemalatha R, Director

- Attended the meeting to discuss modalities of Anaemia Estimation method for NFHS-6, organized by Ministry of Health & Family Welfare, New Delhi (4th April).
- Discussed the methodology and details of proposed concurrent evaluation to assess the impact of rice fortification being implemented in ICDS, PM Poshan and TPDS-reg, in a meeting organized by Department of Food and Public Distribution, New Delhi (5th April).
- Attended meeting of the Expert Committee to evaluate the proposal on "India Diet and Biomarkers survey in India (INDAB-Study)" with the experts, organized by ICMR (8th April & 20th April).
- Presided the 45th Gopalan Memorial Oration on 'The Diabetes Epidemic in India: Some lessons learnt" delivered by Dr. V. Mohan, Chairman & Chief of Diabetology, Dr. Mohan's Diabetes Specialties Centre, Chennai, organized by Nutrition Society of India (21st April).
- Presented the 'Brief Introduction and role of the Institution' to the Post-graduate residents of Department of Community Medicine, Armed Forces Medical College, Pune (29th April).

Dr. GM. SubbaRao

- Invited to deliver a talk on 'Health education, food safety and nutritional well-being' in World Health Day Seminar with the theme- Universal Health coverage organised by the Department of UG Nutrition, Madina Degree and PG College at FTSCCI Auditorium, Hyderabad (1st April).
- Participated in the second meeting of FAD 15/ Panel 4 to Review the Indian Standards on Code of Practice for Labelling of Pre-packaged and Food Advertising (Virtual) (6th April).

- Meeting with partners of the Consortium of the JOURNAL CLUB 'Let'sFixOurFood' E-dialogue series with UNICEF (7th April).
- Attended 42nd meeting of the Scientific Panel on Labelling & Claims/Advertisements of Food Safety Standards Authority of India (FSSAI) virtually (8th April).
- Took part in a Meeting of the core team of ICMR and Global Health Strategies on Development of Health Communication course for ICMR Scientists at Mudra Institute of Communications and Advertising (MICA), Ahmedabad (11th & 12th April).
- Invited as an Advisory Group Member for a virtual meeting of Let'sFixOurFood Project by the Public Health Foundation of India (PHFI) (26th April).

Dr. K. Venkatesh

 Invited as a faculty for a workshop on "Metagenome Sequencing and Data Analysis" at the Department of Oncology, JIPMER, Puducherry (21st & 22nd April).



Mr. M. Mangthya, Technical Officer, Food Chemistry Division presented the plan and progress of his PhD work "Studies on gastro-protective effects of Naga King Chilli

(Capsicum chinense)" (22nd April).

Ms. B. Sindhoora [CSIR-UGC-SRF] Drug Toxicology Research Centre presented the plan and progress of her PhD work "Molecular mechanisms in menopausal



syndrome-Role of Durva (Cynodon dactylon)" (22nd April).

Mr. J. Sreenivasa Rao

Attended a meeting as the study coordinator for the pilot project on "Selected primitive tribes to eradicate malnutrition through indigenous recipes". Dr. (Smt). Tamilisai Soudararajan, Hon'ble governor-TS visited Pusukunta Village, Bhadradri Kothagudem District and distributed Mahua recipe to Konda Reddy tribes (12th April).



PAPERS PUBLISHED/ ACCEPTED FOR PUBLICATION

- Anuradha Rachakatla and Rajender Rao Kalashikam (2022). Calorie Restriction-Regulated Molecular Pathways and Its Impact on Various Age Groups: An Overview. DNA and Cell Biology. https://doi.org/10.1089/dna.2021.0922
- Panigrahi M*, Kaliaperumal V*, Akella A, Venugopal G, Ramadass B. Mapping microbiome-redox spectrum and evaluating Microbial-Redox Index in chronic gastritis. Scientific Reports (IF-4.3). DOI: 10.1038/s41598-022-12431-x
- S Sreenivasa Reddy, Utkarsh Reddy Addi, Raghu Pullakhandam, G Bhanuprakash Reddy. Dietary zinc deficiency disrupts skeletal muscle proteostasis and mitochondrial biology in rats. Nutrition 98 (2022) 111625.



Dr. SB. Barbuddhe, Director, and the Principal Scientist of ICAR-National Research Centre on Meat (NRCM), Chengicherla, Hyderabad, imparted practical exposure on various aspects of meat production, processing, utilization technologies, research work and programs operated by NRCM to the students of M.Sc. second year Applied Nutrition during their visit on 27th April,2022.

Students of second year M.Sc. (Applied Nutrition) successfully organized a Product Development Activity - "Nutrimunchies" as part of Food Science practical in the curriculum, on 20th April,2022. This kind of activity was taken up by the students for the first time in NIN.



Students of second year M.Sc. (Sports Nutrition) performed a skit on Nutrition in Physically Active Individuals at Pragathi Central School & Women's Degree College, Kukatpally, Hyderabad. Skit covered topics like balanced diets, nutrient deficiencies & importance of sleep among athletes.

STAFF NEWS

Retirement
We bid farewell to
Mr. P. Ajaya Kumar
Technical Officer-C
on the eve of
his retirement on
attaining superannuation.



